

Taking Care of Our Community

The impact of the Corona virus on the most vulnerable population - seniors - could not have been handled better for those living at Wellings of Corunna.

Just like everyone else, they had to stop all activities as they knew them, transportation, exercises, events, lunch and learns, etc.

But the staff at Wellings went above and beyond to ensure their residents were well taken care of. An internal tuck shop, for members, was set up to assist in purchasing any necessary grocery items they might want and the local Foodland grocery store was delivering food orders to the community daily. One of the concierge staff made face masks, so the community could get one right there with just a small donation to the local food bank.

They began to plan some fun distancing activities to keep people engaged and have something to look forward to including, virtual trivia with our sister communities, social distancing dress up, launching paper airplanes from the fourth floor and garden parties. And now they are starting to do a few more things, from playing cards to shouting BINGO, sharing in a game of pool to learning the Wii bowling or golf game.

They have been doing exercises and shibashi in the atrium for more space to distance from each other. And now they enjoy Thirsty Thursdays at the bar and share in a new and fun drink from Cocomito's to Sinful Summer Wine Cocktails to Maui Island Breezes.

One of the ways they assisted members was by sharing up-to-date information through a (social distancing) gathering that was held every other day.

On September 17th, they confirmed a "Lunch and Learn" being held in the Atrium between 12 and 2. The focus will be on Immunizations - a light lunch will be served.

But even with the support of the staff individuals have started to show signs of stress. Some members have a harder time than others depending on their situation. Those who have had family and friends calling them to talk on a regular basis have had an easier time adjusting.

“Everyone is having to deal with the restrictions and their own struggles and for the most part they are doing a great job”, says Shelly Rodgers, Leasing representative for Wellings.

When COVID first hit back in March, Rodgers suggested to her company that staying in touch was of utmost importance. There had been a couple of members who were separated from their partners due to being in hospitals or LTC and they were not able to go and see or be with them.

“I am thankful that our members have each other and the wonderful staff to talk to on a daily basis during these trying times,” says Rodgers.

As a company, they wanted to help the greater community so they purchased twelve iPads and donated them to various organizations throughout the county. Bluewater Health hospitals in Sarnia and Petrolia, St. Joseph’s Hospice, Vision and Meadowview Nursing Homes, Huron Home for Boys and the Women’s interval Home, were so grateful to receive the iPads.

Although some things at Wellings have changed, the living choice remains the same. It is specially designed to provide residents the simple life and the peace of mind of not having to worry about the up-keep and maintenance of a home, whilst having everything at their fingertips. Wellings is true flexibility by design and freedom living by choice.

It offers plenty of apartment styles to choose from with varied sizes; one bedroom, one bedroom plus den or two bedroom apartments in various lay-outs depending on your needs. Each apartment has stainless steel appliances, washer and dryer and large walk-in showers. But that is not even the best part; the heart of the community boasts a magnificent 8000 sq. ft. atrium that will take your breath away!

The Atrium at Wellings has something for everyone. They offer a private dining lounge, bistro, library, theatre, games area and a fully equipped wellness and fitness centre. Wellings Restaurant serves up an exquisite meal to the residents each and every evening (included in your rental costs) in a beautiful setting.

So, what are you waiting for, reserve now, and make a plan to move later. Drop in for a tour and you will immediately be surrounded by great conversation, friendly fun and lots of

Call Shelly at 519-328-7024 to book an appointment or visit them on-line at www.wellingsofcorunna.com or on Facebook.