

## Life is Good!

By Dena Kent-Esbjerg

It is, by far, one of life's biggest questions. What will we do when we retire? In a society where baby boomers are a large majority of the population, this question dominates many social gatherings and casual conversations.

Whether for yourself or a loved one, planning for retirement can be a daunting prospect. There is an incredible amount of information out there but not all will fit the lifestyle you are looking for.

A few years ago, The 'Wellings', introduced Lambton County to a unique independent lifestyle choice for those people who want to embark on a new beginning after their 9-5 days are over. Wellings calls this Freedom Living, and it's a community that connects the comforts you know with future goals you have to live well.

At Wellings, the living choice is designed to provide residents the simple life and the peace of mind of not having to worry about the up-keep and maintenance of a home, whilst having everything at their fingertips. Wellings is true flexibility by design and freedom living by choice. "Most people are way too young to live in a retirement home, yet they still consider it! Wellings is a new option and the response has been nothing short of amazing so far." Says Shelly Rodgers, Leasing representative. Most people don't realize there's another option and they are working hard to set the record straight.

Offering plenty of apartment styles to choose from with varied sizes; one bedroom, one bedroom plus den or two bedroom apartments in various lay-outs depending on your needs. Each apartment has stainless steel appliances, washer and dryer and large walk-in showers. But that is not even the best part; the heart of the community boasts a magnificent 8000 sq. ft. atrium that will take your breath away. "This is the hub of excitement for the residents", says Shelly adding, "This is where new friends are made and they can share an evening meal and many social activities together".

Have a pet? No big deal here! Your pet is your family and all family are welcome at the Wellings.

The Atrium at Wellings has something for everyone. The Lounge and bar is open daily for cocktails and is a great spot to gather for a social evening. They also offer a private dining lounge, bistro, library, theatre, games area and a fully equipped wellness and fitness centre. Marquise Hospitality serves up an exquisite meal to the residents each and every evening (included in your rental costs) in a beautiful setting.

But if that's not enough, you can join them for many of their daily, weekly or monthly activities. Get Fit exercises, Shibashi, Bridge and Euchre are just some of their activities but road trips, Seniors Expos and Lunch and Learns are scheduled year round. Recently a Woodstock 50<sup>th</sup> Anniversary Celebration was held with live music, buffet dinner and prizes for best costumes. Pub Nights are held twice a month and are open to the public. Their up-coming "Hot Stove" party will be held on October 5<sup>th</sup> featuring a 20' projection screen to feature Hockey Night in Canada, the Toronto vs Montreal game. Tickets are \$50

each and include a buffet dinner, prizes and much more. You can contact the Wellings for tickets and additional information such as who the secret guests may be!

At Wellings, you are home. Here you can live comfortably in a beautifully designed apartment with every day conveniences at your fingertips. The concierge is available 24/7 to help you arrange any of your needs, including daily transportation via LEO. Your out-of-town family can come visit and stay the night in one of several guest suites.

So, what are you waiting for, reserve now, and make a plan to move later. Drop in for a tour and you will immediately be surrounded by great conversation, friendly fun and lots of laughter.

Visit them at 180 Bunker Avenue (beside No Frills) in Corunna to see for yourself. Call them at 226-778-0539 to book an appointment or visit them on-line at [www.wellingsofcorunna.com](http://www.wellingsofcorunna.com) or on Facebook.



Line dancing fun at the Wellings of Corunna